

WEEKLY RESET PLANNER

CLEAR THE NOISE. CHOOSE THE NEXT STEP. RESET THE WEEK.

MADE FOR THIS

Built from real life, not perfect plans.

WEEK OF: _____

TOP FOCUS: _____

THIS WEEK MUST GET DONE

- _____
- _____
- _____
- _____
- _____

HOME RESET

- Clear one surface _____
- Laundry / linens _____
- Kitchen reset _____
- Trash + quick sweep _____
- Restock what we use _____

MEALS + ERRANDS

MEALS TO PLAN

ERRANDS

KIDS + FAMILY FLOW

- School / daycare needs _____
- Appointments / forms _____
- Quiet-time plan _____
- Family reset moment _____

NOTES / BRAIN DUMP

RESET REMINDER

*You do not need a perfect week.
You need a clear next step.*